

tsukemono japanese pickling recipes pdf

To make tsukemono, one needs a container, salt, and something to apply downward pressure on top of the pickles. A tsukemonoki (漬物器) (literally "pickling container") is a Japanese pickle press. The pressure is generated by heavy stones called tsukemono ishi (漬物石) (literally "pickle stone") with a weight of one to two kilograms, sometimes more.

Tsukemono - Wikipedia

Pickling is the process of preserving or extending the lifespan of food by either anaerobic fermentation in brine or immersion in vinegar. The resulting food is called a pickle, or, to prevent ambiguity, prefaced with pickled. The pickling procedure will typically affect the food's texture and flavor. In East Asia, vinaigrette (vegetable oil and vinegar) is also used as a pickling medium.

Pickling - Wikipedia

Sichuan Pickled Cucumbers; Ingredients: 6 cucumbers, kirby or another pickling variety works best 1 teaspoon sea salt or kosher salt 2 Tablespoons corn or peanut oil

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